Hands-On

Bucksqueeze/Supersqueeze Pole Climbing

Certification

Course Description

This EXTENSIVE Hands-On course will cover the BuckSqueeze and SuperSqueeze Pole Climbing Fall Restraint System (any other vendor fall restraint systems can be covered). This course is designed for the Communications and Power Energy Industry, experienced climbers only.

Attendees MUST have prior pole climbing training and experience. This course is not for first time climbers.

First time climbers need to attend our Hands-On Pole Climbing 3-day course before attending this course or equivalent.

Today's installer and repairers (lineworkers) is listed as the eight most hazardous occupation in the US as reported by the Bureau of labor statistics (BLS). With approximately 600+ serious injuries and over 100+ deaths estimated annually by OSHA. This is a series issue that Lineworkers/Installers face everyday and companies are responsible for.

With more work being done from Ariel lifts trucks, lineworkers/Climbers are climbing less frequently then in the past. As a result, Lineworkers/Climbers are not climbing enough to maintain adequate skills levels and are now more susceptible to falls that can be fatal. Communication and Utility companies around across the US and Internationally have recognized and are now addressing this issue by providing fall restraint systems and aggressive training to equip their lineworkers/Climbers and prevent any injuries, fatalities and claims in the future.

This course is designed to train the lineworkers/climbers fall protection on wood poles from the ground, to the elevated work position, and back to the ground. The BuckSqueeze/Supersqueeze requires the climber to hitchhike up and down the pole utilizing the cross over strap and the paddle tensioner. If the climber starts to fall, the strap squeezes the pole, securing the climber and preventing a fall. While climbing over obstructions, the climber would secure a lanyard prior to removing the BuckSqueeze/Supersqueeze. The BuckSqueeze/Supersqueeze is easy to adjust to accommodate the size of the pole.

The fact that a lineworkers/Climbers can fall from a structure and risk serious injury and possibly death, at a time when products, technology and resources are readily available to prevent it, is unacceptable... We are here to properly train staff to use this fall restraint system and give them the confidence they need to climber safely.

Students Will Learn

- **Pole Climbing Equipment and Inspection Refresher**
- **Pole Climbing Refresher**
- **The BuckSqueeze (SuperSqueeze)**
- **-Once You're on the Pole, You're Continually in Fall Protection**
- **-One Disconnect to Climb Over An Obstruction**
- **-Using the Most Widely Used Wood Pole Fall Restriction Device In The USA**
- **-How this Devise Does Not Work Itself Out Of Adjustment**
- **-How to use the Friction Buckle & Cam Buckle Adjustments at Users Sides which Makes it Easy to Adjust**

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for the Circumference of the Pole

- **-NO TONGUE BUCKLE TO ADJUST AT THE BACK OF THE POLE!**
- **-That One Model, with Accessories, can be used During All Seasons Wet Or Iced Poles with or without Conduit**
- **-This Devise is CSA AB Certified**

Target Audience

Anyone looking for training on the the Bucksqueeze Fall Restraint System.

Prerequisites

Experienced climbers only. Attendees MUST have prior pole climbing training and experience. This course is not for first time climbers. First time climbers need to attend our Hands-On Pole Climbing 3-day course before attending this course or equivalent.

Course Outline

Module I: Pole Climbing Equipment

1.1 Basic Equipment
1.2 Determining the Proper Fit of a Body Belt
1.3 Determining the Proper Fit of Climbers
1.4 Other Equipment

Module II: Use, Maintenance, and Inspection of Climbing Equipment

2.1 Wearing Climbers
2.2 Sharpening, Gauging, and Replacing Gaffs
2.3 Testing and Inspecting Climbing Equipment

Module III: Basic Climbing Techniques Refresher/ The Bucksqueeze/Supersqueeze

3.1 Safetying-On and Off
3.2 Adjusting the Safety Strap
3.3 Maneuvering Around a Pole
3.4 The BuckSqueeze/Supersqueeze Safety Strap

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3.5 Mounting the BuckSqueeze/Supersqueeze Safety Strap on a Body Belt
3.6 Mounting the BuckSqueeze/Supersqueeze Safety Strap on a Wooden Pole
3.7 Adjusting the BuckSqueeze/Supersqueeze Straps for Climbing
3.8 Climbing Techniques using the BuckSqueeze/Supersqueeze Safety Strap

Delivery Method

Instructor-Led with numerous Hands-On exercises.

Equipment Requirements

(This apply's to our hands-on courses only)

BTS always provides equipment to have a very successful Hands-On course. BTS also encourages all attendees to bring their own equipment to the course. This will provide attendees the opportunity to incorporate their own gear into the labs and gain valuable training using their specific equipment.

Course Length

1 Day

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